


JANUARY 2011

3 Muffin, peanuts Fruit; milk	4 Bagel w/ cream cheese fruit; milk	5 Oatmeal, toast Fruit; milk	6 Biscuits & gravy Toast; fruit; milk	7 Cold Cereal, toast Fruit; Milk
Pork Noodle Bake vegetable; biscuit Fruit; milk	Cheese burger; Fr fries vegetable; fruit milk	Spaghetti w/meat sauce vegetable; fruit, biscuit milk	Chicken enchilada vegetable; fruit milk	Chili dog, corn chips vegetable; fruit; milk
10 Waffle, cheese sticks fruit; milk	11 Scrambled eggs, toast fruit; milk	12 Cold cereal; yogurt fruit; milk	13 Pancake & eggs, fruit; milk	14 Bagel w/ cream cheese, fruit; milk
Chicken tetrizini vegetable Fruit; milk	Pork taco chips & salsa vegetable; fruit; milk	Bar-B-Q chicken vegetable; fruit, biscuit milk	Tuna noodle bake vegetable; fruit milk	Mac & cheese, biscuit vegetable; fruit milk
17 No School 	18 Pancakes & eggs fruit; milk	19 Biscuit & gravy Fruit; milk	20 Oatmeal w/ toast fruit, milk	21 Cold cereal; graham cracker; fruit; milk
	Chicken Enchilada Cass vegetable, fruit milk	Mac & cheese biscuit vegetable; fruit milk	Baked chicken, vege mashed potatoes, fruit biscuit; milk	Bologna/chs sandwch corn chips-salsa, vege vegetable, fruit, milk
24 Muffin w/ sausage fruit; milk	25 Waffle w/ eggs fruit; milk	26 Bagel w/ cream cheese fruit; milk	27 Cold cereal w/ toast fruit; milk	28 Oatmeal w/ toast Fruit; milk
Pigs-in-a-blanket vegetable fruit; milk	Chile & corn bread vegetable; fruit milk	Open-face turkey sndwh vegetable; fruit roll; milk	Tuna burger w/ cheese vegetable; fruit milk	Bar-B-Q pork sndwch vegetable; fruit milk

31 Cold cereal, graham fruit, milk
Grilled ham & cheese vegetable, fruit milk

Sledding!



**SNOW
FUN!**



In the Plum Valley School District food program, no child shall be discriminated against because of race, sex, color, national origin or religion. If you have a complaint contact: Secretary of Food & Nutrition Service, 3101 Park Center Dr., Alexandria, VA 22302 within 180 days of the alleged discriminatory action.